

WHAT: Hunger Council of the Windham Region Meeting

WHERE: Marlboro College Graduate Center
28 Vernon Street, Brattleboro

WHEN: Wednesday, March 16, 2016 9:30am-11:30am

Seniors can face unique challenges in accessing food and other vital services. Nearly 20% of Windham County's population is 65 years or older (US Census Bureau), and on Wednesday, March 16th, the Hunger Council of the Windham Region meets to learn more about the resources available to seniors and explore how the Council can support the organizations and networks serving this population.

Alicia Moyer, SASH Coordinator at Valley Cares / Grace Cottage, Kathryn Turnas II, Board President of Brattleboro Senior Meals, Lorelei Morrisette, Resident Services Coordinator at Brattleboro Housing Partnerships, and Teagen Kosut, Director of Bellows Falls Senior Center, will share an overview of the services they provide, as well as what they see in terms of food insecurity and the strength of the safety net in the Windham Region for seniors. The Council will then decide how members can raise awareness of the needs of seniors and what actions can be taken to support food security in this area.

The Hunger Council of the Windham Region officially changed its title from "Windham County" to "Windham Region" in September 2015 in order to explicitly welcome and recognize Council members from outside the County's borders, including Chester and Springfield. The Council will meet next on May 18th, 9:30-11:30am, at the Marlboro College Graduate Center in Brattleboro. All are welcome.

MEDIA CONTACT:

Anore Horton at Hunger Free Vermont
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About Hunger Free Vermont: *Hunger Free Vermont (formerly the Vermont Campaign to End Childhood Hunger) is a statewide nonprofit organization that works with state agencies and community groups to end the injustice of hunger and malnutrition for all Vermonters. Since 1993 Hunger Free Vermont's outreach programs have substantially enhanced Vermont's nutrition safety net and increased access to nutritious foods.*
www.hungerfreevt.org

About the Hunger Council of the Windham Region: *The Hunger Council of the Windham Region is one of eight Hunger Councils currently facilitated by Hunger Free Vermont. The Councils are groups of local leaders in Addison, Chittenden, Franklin & Grand Isle, and Washington Counties, the Lamoille Valley, the Northeast Kingdom, the Upper Valley, and the Windham Region, who are committed to learning about hunger and improving community and household food security. The Hunger Councils coordinate efforts and build strong nutrition safety nets at the community level and statewide. This project is a comprehensive approach to addressing hunger: by educating community members about the local causes and effects of hunger and providing tools to improve nutrition and reduce hunger in their communities and beyond.*

Membership in the Hunger Council of the Windham Region is open to anyone with an interest in furthering the Council's vision that all people in the Windham Region have access to an adequate supply of nutritious food. To learn more, visit <http://hungerfreevt.org/the-windham-region> or contact Jenna Banning, Hunger Council Organizer, at jbanning@hungerfreevt.org